

WHAT IS 4-H?

4-H is a Community

4-H programming is delivered by trained adult volunteers and Cooperative Extension staff. A community of more than 100 public universities across the nation, Cooperative Extension provides resources and experiences where young people learn by doing. Through 4-H, youth complete hands-on projects in areas like health, science, agriculture and citizenship, in a positive environment where they receive guidance from mentors and are encouraged to take on proactive leadership roles. Youth experience 4-H through in-school and after-school programs, community clubs, independent study, special interest groups, and 4-H camps.

National Reach, Local Programs

4-H's reach and depth is unmatched; reaching kids in every corner of America – from urban neighborhoods to suburban schoolyards to rural farming communities. Our network of 500,000 volunteers and 3,500 4-H professionals provides caring and supportive mentoring to nearly 6 million 4-H'ers, helping them grow into true leaders today and in life.



4-H'ers are...

4X

More likely to give back
to their community

2X

More likely to make healthier choices

2x

More likely to participate in STEM activities



www.uvm.edu/extension/youth

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ALL ABOUT 4-H!

The 4-H Emblem

The 4-H emblem is a highly valued mark within our country's history. It was granted a very unique status; it is in a category similar to the Presidential Seal and the Olympic emblem. It is protected by the federal government and is under the responsibility and stewardship of the Secretary of Agriculture. The "18 US C 707" code that appears along the right lower leaf protects the use of the clover.

The 4-H Colors

Green is nature's most common color and represents youth, life, and growth. White symbolizes purity and high ideals.

For printing, 4-H green is 100% PMS 347 green.

The 4-H Pledge

I PLEDGE MY HEAD TO

MY HEART TO

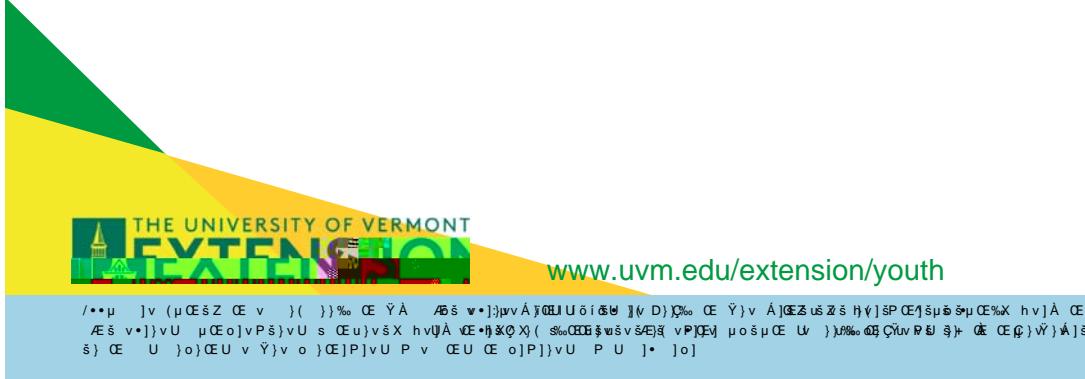
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MY HANDS TO

AND MY HEALTH TO

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CLOVERBUDS VS. PROJECT MEMBERS

PROGRAM CRITERIA	CLOVERBUD	PROJECT MEMBER
What is the age eligibility? (as of Jan 1 of current year)	Age 5 thru age 7	Age 8 thru age 18
What is the learning focus?	<input checked="" type="checkbox"/> Activity-centered <input checked="" type="checkbox"/> Short activities on varied topics	<input checked="" type="checkbox"/> Project-centered <input checked="" type="checkbox"/> Time commitment dependent on project <input checked="" type="checkbox"/> Club activities challenge & support project learning
Who directs the learning process?	Leader-directed	<input checked="" type="checkbox"/> Member self-study <input checked="" type="checkbox"/> Member & Leader-directed.
What is the basis for the learning experience?	Leader-directed	<input checked="" type="checkbox"/>



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EXTENSION
YOUTH

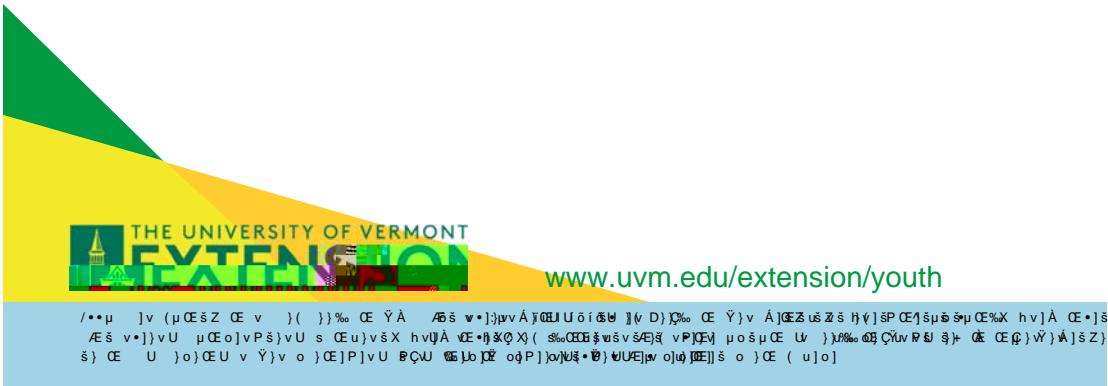


WHAT IS A 4-H PROJECT?

What are 4-H projects?



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