

Opt-Out Form: Cigna True Choice Medicare Advantage Group PPO

To opt out of the medical and pharmacy coverage plan with Cigna True Choice Medicare Advantage Group PPO, please complete and return this form. Return the completed form via email to

HRinfo@uvm.edu or by mail to University of Vermont, Human Resources, 100 South Main Street, Room 100, Burlington, VT 05405. If you are a dependent(s)