
Sagr, Y., Braun, E., Porter, K., Barnette, D., & Hanks, C. (2017) [Addressing medical needs of adolescents and adults with autism spectrum disorders in a primary care setting.](#) (1), 51–61. (Free full text)

Hart, L. C., Saha, H., Lawrence, S., Friedman, S., Irwin, P., & Hanks, C. (2022) [Implementation and Evolution of a Primary Care-Based Program for Adolescents and Young Adults on the Autism Spectrum](#) (7), 2924-2933. (Free full text)

Adapted Abstract

Background and Aims: These

accommodation for their healthcare visit and seven of these patients could not complete one part of the exam, like the vital signs. The most frequent accommodation was to skip the waiting room.

The second article describes changes to the CAST clinic over time: videos of procedures for patients and for providers, "happy visits", educational sessions, and telemedicine visits were added.

Conclusions and implications: Planning the healthcare visit and offering accommodations like skipping the waiting room can improve the success of healthcare transition to a new provider for adults.

Findings

added. There are videos for providers and videos for patients. These videos include taking a blood pressure, having an EKG done, getting blood drawn, and receiving a vaccination. Another addition is "happy visits" where the patient comes in advance of their upcoming appointments to become familiar with the staff and the environment. Evening educational sessions have also been added. Finally, telemedicine visits are also offered.

A total of 858 patients have been seen by CAST and there are about 80 visits per month to the clinic. The procedure videos for the provider were watched 18,488 times and the patient videos were watched 7756 times. The authors note that the procedure videos may have more watches due to autistic patients watching both videos as well as other clinics nationwide using these videos to train their providers after seeing the authors talk about these videos at conferences. The "happy visits" were helpful for some but not for others.

Discussion