

Thank you for being a Chaperone at the UVM ARC

Chaperones play an important role in our day at the UVM Adventure Ropes Course. While each 12 participants will have one facilitator working with the group, we require our clients to send one chaperone for each 12 participants as well. Chaperones should be prepared, just as we have asked the youth to come prepared. Please review the "what to expect" document and make sure to have your medical/liability form ready as well. It's helpful that as a chaperone, you understand the goals of your program.

Whether you are a teacher, camp counselor, troop leader, coach or parent, we invite you to consider how you will engage in the day with the UVM ARC.

Full Participant: You are invited to fully participate in all activities, or in the activities that you choose. It's helpful to let your students/campers/group know that you will be engaging alongside of them for the day as a fellow learner/adventurer. If they look to you for answers consistently, you can remind them that you'd like to learn how they would solve the problem or complete the activity and that you are happy to take directions from them for the day. It is key to not over step here and dominate in the group. At the same time, being a full participant can be a great opportunity to open up doors to more depth of relationship with your group, especially as they see you being vulnerable and trying new activities/taking risks alongside them. You can also take a critical role in the debriefing and post activity processing as you know the participants way better than the fa