



What group norms, language, or symbols exist? How can we incorporate these things into our programming?

Are there any members of this group that have special needs that we can be aware of in order to create a more inclusive environment?

Are you aware of any participant health issues (including allergies) or physical limitations?

All participants are encouraged to choose how they will participate in each activity. They are not forced to do anything at the course. With that in mind, do these participants have a choice in whether or not they come to the ARC with the rest of the group that day?

Prior Experience:

Have they done experiential/team-building activities or another ropes course as a group? If so, please describe the experience. AND/OR If you have been to the course in the past, what elements of the program would you like us to keep? What would you like to change?

Goals:

Why do you want to bring a group to the challenge course? What does teambuilding mean to you?

What would make this day a success for you? For your students?

How will you know if your goals are achieved?

Who are the chaperones and how will they be participating in the day? Be full participants? Participate in the debrief? Sit back and help as needed?

Group Preparation and Follow-