

# Vermont 4-H Parent Guide

: E h Z z ì ï ï

## Things Every 4-H Club Parent Should Know

There are many things a 4-H Parent will want to know about 4-H. Here are some things that 4-H Leaders and Extension Staff think a 4-H Parent needs to know to help their child be successful in 4-H.

### What is 4-H?

- xLargest non-formal youth serving organization in the country.
- xAn organization that reaches youth through life- and job-skill development programs, in both rural and urban settings, through a variety of learning opportunities.
- xProvides fun, educational opportunities at the local, state, national, and international levels.
- x4-H programs are hands-on, age appropriate, research-based, and overseen by University of Vermont Extension staff and facilitated by volunteers.

4-H focuses on learning

#### 4-H Pledge:

3, S O H G J H

My HEAD to clearer thinking

My HEART to greater loyalty

My HANDS to larger service, and

My HEALTH for better living,

For my club, my community, my country  
D Q G P \ Z R U O G

## What is My Child Expected to Do in 4 -H?

### For Club Meetings

Attend 75% or more 4-H club meetings/activities; participate in community service, fundraising, leadership and project work, demonstrations, & hands-on activities.; be willing to serve as a club officer, on a committee, or as a Teen Leader.

### For Projects

Select one or more 4H projects to complete (see the Projects page at [www.uvm.edu/extension/4hprojects](http://www.uvm.edu/extension/4hprojects) requirements and guidelines to be a member in good standing; attend 75% of the club's business meeting; attend 75% of applicable project meetings.; and keep and submit Member Records and applicable Project Records.

\$ WWHQG UHTXLUHG SURJUDPV DQG HYHQWV IRUHSURMH  
\$ ZDUG 6\ VWHP 5XOHV' RQ [www.uvm.edu/extension/4hprojects](http://www.uvm.edu/extension/4hprojects)) DW

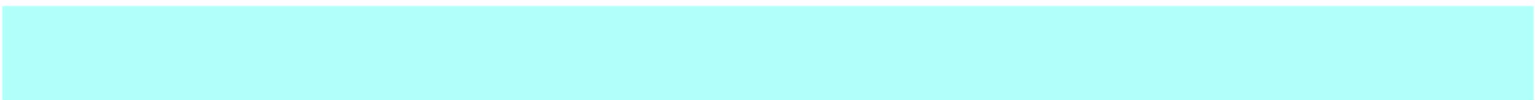
4-H clubs meet for both business meetings and project meetings to have fun & learn in informal settings. By participating in club meetings and other 4 -H activities, your child will have the opportunity to gain mastery, independence, generosity and a sense of belonging while learning leadership, citizenship and life skills.

During business meetings, whole group activities (community service efforts, fund raising, and recreational opportunities) are planned and reports are given. Generally clubs have officers and planning & decision making is youth-driven as much as possible.

During project meetings, leaders facilitate learning about selected project areas through experiential learning activities.

## What Will 4 -H Cost?

Club Dues-



What Roles will 4-H Leaders Play in my Child's 4-H Experience?

