1 lb. mini frankfurts

2 Tbsp. butter, melted

1 Tbsp. soy sauce

2 Tbsp. Vermont maple syrup

Combine butter, soy sauce and maple syrup in frying pan. Score frankfurts, or cut into pieces and add to simmering sauce. Stir until meat is coated and simmer until sauce is dark and slightly thick. The longer these are heated, the better they are. (Originy printed in 'Across the Fence Après Ski Reciblese 1980's)

1/4 cup butter

4 oz. can sliced mushrooms (drain and reserve liquid), or 8 oz. fresh mushrooms

½ cup chopped onion

3 Tbsp. flour

½ tsp salt

Dash of pepper

Dash of Cayenne pepper

3 cups milk

2 cups cubed cooked pork or ham

8 oz. wide egg noodles

Grated Parmesan cheese@heddar

Paprika to taste

Melt butter in a 2qt. saucepan and sauté onion and mushrooms until tender. Blend in flour and seasoning and then add milk and liquid from mushrooms. Cook over med high heat, stirring constantly, until sauce thickens. Add cooked meat and remove from the heat. Preheattoo 4000 F and butter a 2