



## University of Vermont Extension 4-H Shooting Sports Project Record

Name: \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_ County: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Club Name: \_\_\_\_\_

Leader(s) Name: \_\_\_\_\_ Phone: \_\_\_\_\_

4-H Educator: \_\_\_\_\_ Phone: \_\_\_\_\_

This record contains project information on the following:

Air Pistol

Hunting & Wildlife

Living History

Air Rifle

Muzzleloading

Shotgun

Archery

Small Bore Pistol

Small Bore Rifle

My goals are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Date Record Started \_\_\_\_\_ Date Record Completed \_\_\_\_\_



## 4-H Shooter's Code of Ethics

As a participant in the 4-H Shooting Sports Education Program:



**I will respect all participants, volunteers, and property associated with the 4-H Shooting Sports Education Program.**



**I will set a good example and help newer participants in the 4-H Shooting Sports Education Program.**



**I will obey all the range and club rules at ALL times.**



**I will wear all required safety equipment whenever required.**



**I will always strive "To Make the Best Better."**

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**Shooter's Signature**

**Date**

## **Why Keep A Shooting Sports Record?**

- You will be able to set and record attainable goals for yourself.
- Keeping records will help you remember the fun you had.
- Record keeping is a great way to develop your skills and organize your time.
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## **4-H Shooting Sports Objectives**

- To encourage participation in natural resources management and related natural science programs by exposing participants to the content through shooting, hunting and related activities.
- To enhance development of self-concept, character, and personal growth through safe, educational, and socially acceptable involvement in shooting activity.
- To teach safe and responsible use of firearms and archery equipment including sound decision making, self-discipline and concentration.
- To promote the highest standards of safety, sportsmanship and ethical behavior.
- To expose participants to the broad array of vocational and life-long vocational activities related to shooting sports.
- To strengthen families through participation in life-long recreational activities.
- To compliment and enhance the impact of existing safety, shooter, and hunter education programs using experiential educational methods and progressive development of skills and abilities.
- To develop integrity, sportsmanship, cooperation, decision-making ability, and public speaking skills through participation in visual presentations, tours, shooting competitions, community service and exhibits.

**4-H Motto:** To Make the Best Better

**4-H Slogan:** Learning By Doing

**4-H Colors:** Green and White

**4-H Pledge:** I pledge my head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service,  
And my health to better living,  
For my Club, my Community,  
My Country and my World.

# Air Pistol

## Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Pistol Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

**Demonstrates knowledge of pistol safety, including safety considerations pertaining to:**

Never    Sometimes    Almost Always    Always

- Three rules of gun safety
- Zone of fire & direction
- Eye & ear protection
- Equipment handling
- Use of proper ammunition
- Range Operation

**Demonstrations knowledge of pistol equipment, including:**

	Instructor's Int.	Date
• Pistol Types	_____	_____
• Parts of the Pistol	_____	_____
• Ammunition (types, components, function)	_____	_____
• Pistol Operation	_____	_____
• Targets & target identification	_____	_____

**Demonstrates knowledge of proper pistol shooting form, including:**

	Instructor's Int.	Date
• Eye dominance	_____	_____
• Stance 1 handed	_____	_____
• Stance 2 handed	_____	_____
• Sight alignment/sight picture	_____	_____
• Trigger control	_____	_____
• Follow through	_____	_____



# Air Rifle Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Rifle Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

**Demonstrates knowledge of rifle safety, including safety considerations pertaining to:**

**Never    Sometimes    Almost Always    Always**

- Three rules of gun safety
- Zone of fire & direction
- Eye & ear protection
- Equipment handling
- Use of proper ammunition

# **Air Rifle Shooting Record**

**Include at least five visits per year to a 4-H practice or any competitive event.**

<b>Date</b>	<b>Location</b>	<b>Event</b>	<b>Practice</b>	<b>Competition</b>	<b>Scores</b>
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# Archery Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Archery Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

**Demonstrates knowledge of archery safety, including safety considerations pertaining to:**

Never    Sometimes    Almost Always    Always

- Zone of fire & direction
- Wearing Safety Equipment
- Equipment handling
- Arrow retrieval
- Range Operation

**Demonstrations knowledge of pistol equipment, including:**

Instructor's Int.    Date

# Archery Shooting Record

**1<sup>st</sup> year – 5 rounds**

**2<sup>nd</sup> & 3<sup>rd</sup> year – 10 rounds**

**After 3<sup>rd</sup> year – 15 rounds**

	<b>Verifier</b>	<b>Date</b>	<b>Round</b>	<b>Score</b>
1				
2				
3				
4				

# Muzzleloader Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Muzzleloader Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

Demonstrates knowledge of muzzleloader safety, including safety considerations pertaining to:

Never    Sometimes    Almost Always    Always

- Three rules of gun safety
- Zone of fire & direction
- Eye & ear protection
- Equipment handling
- Loading & firing procedures



# Small Bore Pistol Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Small Bore Pistol Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

## Demonstrates knowledge of pistol safety, including safety considerations pertaining to:

Never    Sometimes    Almost Always    Always

- Three rules of gun safety
- Zone of fire & direction
- Eye & ear protection
- Equipment handling
- Use of proper ammunition
- Range Operation

## Demonstrations knowledge of pistol equipment, including:

	Instructor's Int.	Date
• Pistol Types	_____	_____
• Parts of the Pistol	_____	_____
• Ammunition (types, components, function)	_____	_____
• Pistol Operation	_____	_____
• Targets & target identification	_____	_____

## Demonstrates knowledge of proper pistol shooting form, including:

	Instructor's Int.	Date
• Eye dominance	_____	_____
• Stance 1 handed	_____	_____
• Stance 2 handed	_____	_____
• Sight alignment/sight picture	_____	_____
• Trigger control	_____	_____
• Follow through	_____	_____

# Small Bore Pistol Shooting Record

Include at least five visits per year to a 4-H practice or any competitive event.

Date	Location	Event	Practice	Competition	Scores

# Shotgun Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H shotgun Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_





# Small Bore Rifle Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Rifle Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

**Demonstrates knowledge of rifle safety, including safety considerations pertaining to:**

Never    Sometimes    Almost Always    Always

- Three rules of gun safety
- Zone of fire & direction
- Eye & ear protection
- Equipment handling
- Use of proper ammunition
- Range Operation

**Demonstrations knowledge of rifle equipment, including:**

	Instructor's Int.	Date
• Rifle Types	_____	_____
• Parts of the rifle	_____	_____
• Ammunition (types, components, function)	_____	_____
• Rifle Operation	_____	_____
• Targets & target identification	_____	_____

**Demonstrates knowledge of proper rifle shooting form, including:**

	Instructor's Int.	Date
• Eye dominance	_____	_____
• Bench Position	_____	_____
• Prone Position	_____	_____
• Sitting Position	_____	_____
• Kneeling Position	_____	_____
• Standing Position	_____	_____
• Use of Sling	_____	_____
• Sight alignment/sight picture	_____	_____
• Trigger control	_____	_____
• Follow through	_____	_____



# Hunting & Wildlife Equipment & Safety Knowledge

The appropriate boxes must be dated & initialed by a certified 4-H Shooting Sports Instructor.

Name of Member \_\_\_\_\_ 4-H Yr. \_\_\_\_\_

**Demonstrates knowledge of safety, including safety considerations pertaining to:**

Never    Sometimes    Almost Always    Always

- Basic firearm safety
- Muzzle control in the field
- Target Identification
- Equipment Safety & handling
- Zone of fire
- Blaze orange
- Planning a safe hunt

**Demonstrations knowledge of hunting arms and ammunition including:**

	Instructor's Int.	Date
• Rifle (small bore, highpower, blackpowder)	_____	_____
• Shotguns	_____	_____
• Handguns	_____	_____
• Archery	_____	_____

**Demonstrates knowledge of basic wildlife management principles, including:**

	Instructor's Int.	Date
• Components of habitat	_____	_____
• Carrying capacity	_____	_____
• Predator/prey relationships	_____	_____
• Role of hunting regulations in managing wildlife populations	_____	_____

**Demonstrates knowledge of Vermont hunting regulations for several species of game, including:**

	Instructor's Int.	Date
• Open Season	_____	_____
• Bag limits	_____	_____
• Licenses required	_____	_____
• Lawful methods of taking game	_____	_____
• Unlawful methods of taking game	_____	_____

**Demonstrates knowledge of proper field care of game.** \_\_\_\_\_

**Demonstrates knowledge of history and ethics of hunting and the reasons people hunt today.**

\_\_\_\_\_

**Demonstrates knowledge of ways to maintain good hunter/landowner relations.**

\_\_\_\_\_

# Hunting Trips Record

Developing hunting knowledge and hunting skills is an important part of your 4-H Shooting Sports project. Use this space below to record your outings, important observations of the hunt, and things you learned about nature, animals, and birds. Also include how you feel about each trip.

Date	Type of Game
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# **Permanent Equipment Inventory**



## Other Outdoor Club Activities

**Date**

Date



Y

# Photos

*If you require accommodations to participate in this program, please let our office know so we may assist you.*

