



**UNIVERSITY OF VERMONT 4-H HORSE PROGRAM EQUESTRIAN HELMET RULE**

1. Effective January 1, 1993, all youth under 19, participating in any 4-H equestrian activity, regardless of riding seat, shall wear a properly fitted equestrian helmet which carries a current ASTM/SEI approval with secured chin harness properly fastened at all times when mounted on an equine or in a vehicle being pulled by one or more equines.

2. It is the responsibility of the rider or the parent or guardian of the minor rider, to see to it that the headgear worn complies with such approved standards and carries the proper seals, and is properly fitted and in good condition. Due to degeneration concerns, equestrian and sport manufacturers recommend replacement every five years. The University of Vermont Extension system, Organizing Committees and Licensed Officials or Leaders are not responsible for checking headgear worn for such compliance. The University of Vermont makes no representation or warranty, expressed or implied, about such headgear and cautions riders that serious injury may result despite wearing headgear, as no helmet can protect against all foreseeable injuries in equestrian activities.

3. At any 4-H equestrian activity, the official activity manager (e.g. show manager, clinic organizer, club leader) may, at an unapproved, defective or improperly fitted helmet, he/she will not be permitted to participate in any mounted or driving activity until proper helmet is acquired.

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**ASSUMPTION OF RISK AND RELEASE  
VERMONT 4-H HORSE PROGRAM**

I have read THE UNIVERSITY OF VERMONT 4-H HORSE PROGRAM EQUESTRIAN HELMET RULE printed above. I understand that equestrian activity involves certain risks of physical injury. I, none the less, wish to participate in the Vermont 4-H horse program. I do so at my own risk and agree to indemnify and hold harmless the University of Vermont and State Agricultural college, the UVM Extension system, and their trustees, employees, and agents from any and all losses, penalties, damages, settlements, costs or other expenses or liabilities arising out of this activity. This release, however, is not intended to release the University of Vermont from causes of action arising out of the sole negligence of the University of Vermont, its trustees, employees or agents.

Name of 4-H Member: \_\_\_\_\_  
(Please print)

Signature of 4-H Member: \_\_\_\_\_  
(If age 18 or older)

Name of parent or guardian: \_\_\_\_\_  
(Please print)

Signature of parent or guardian: \_\_\_\_\_  
(If 4-