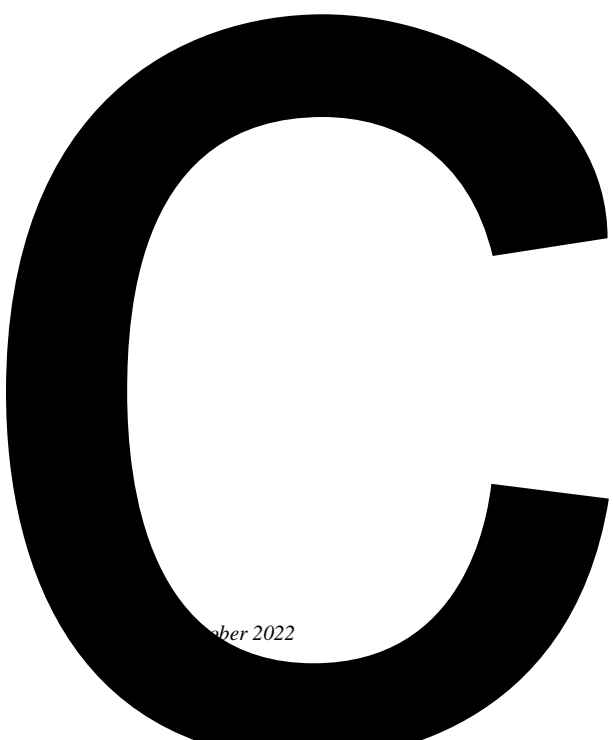


# 4-H Award System & Rules

The purpose of 4-H is to help young people develop good habits, attitudes and values. This is done by providing them with the opportunity to learn by doing. The 4-H award system is a way to recognize and encourage the achievements of 4-H members.



## Recognition Medal Areas

*Note: Other project medals may be awarded in projects not listed on this page by special request.*

### Plants and Animals

Agriculture  
Aquaculture  
Beef  
Poultry  
Cats  
Dogs  
Dairy  
Goats  
Horse  
Rabbits  
Sheep  
Pets  
Swine  
Gardening and Horticulture  
Cavy  
Llama  
Maple  
Working Steer

### Communication Arts

Communication Arts (could be signing)  
Demonstration  
Public Speaking  
Reporting Media  
Performing Arts (could be dance, singing, drama,)  
Visual Arts (crafts)  
Photography and Video

### Science and Technology

Science and Technology  
Biological Sciences  
Entomology and Bees  
Marine Science  
Plant Science  
Veterinary Science  
Technology and Engineering  
Aerospace  
Computer Technology  
Electricity  
Engines, tractors, field equipment  
Wood Science  
Industrial Arts  
Physical Science  
Robotics  
Forensics  
Astronomy  
Physics  
Chemistry

### Personal Development

Career Exploration  
Hobbies & Collections  
Leadership  
Personal Development  
Babysitting

### Environmental Stewardship

Earth, Water, Air  
Forestry

Wildlife and Fisheries  
Outdoor Education/Recreation  
Soil Conservation  
Shooting Sports (all disciplines)  
Waste Management (recycling)

### Consumer and Family Sciences

Consumer and Family Sciences  
Childcare and Development  
Clothing and Textiles  
Consumer Education  
Home Environment  
Food Safety & Preservation

### Healthy Lifestyles

Food and Nutrition  
Healthy Lifestyles  
Personal Safety  
Bicycle  
Fitness and Sports  
Machinery Safety (tractor/ATV)

### Citizenship

Citizenship and Civic Education  
Community Service

### Activities

Cloverbud  
Community Service  
Demonstration  
Fashion Revue  
Judging