

Lisa M. Cepeda

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B.A. Spanish (May 1985)

Universidad de Salamanca, Spain

Study abroad program (January-December, 1982)

Bennington College

Liberal Arts (January-December, 1981)

PROFESSIONAL INTERESTS

Couples counseling

Diversity with emphasis on GLBT, Hispanic, and Women issues

Eating Disorders

PROFESSIONAL AFFILIATIONS

American Psychological Association

Texas Psychological Association

National Hispanic Scientific Network on Drug Abuse

CLINICAL TRAINING

Internship in Professional Psychology (August 2007 – July 2008)

Student Counseling Service – Texas A&M University, College Station, TX

Clinical Supervisors: Ted Stachowiak, Ph.D., Ron Lutz, Ph.D.

Counseling: Provided therapy and crisis counseling for students with concerns including, but not limited to, mood disorders, personality issues, eating disorders, relationship issues, trauma, sexual assault/abuse, gender issues, adjustment problems, career indecision, and academic problems.

Groups: Co-led two semester-long groups with Center staff psychologists: Interpersonal Process Group for psychology doctoral students and Academic Anonymous Group for students on academic probation.

Supervision: Provided weekly individual clinical supervision for third year counseling doctoral students. Supervision focused on the review of videotaped therapy sessions for the purpose of developing the supervisees' clinical skills, case conceptualization, treatment planning, and therapeutic interventions.

Assessment: Performed clinical interviews. Administered and interpreted socio-emotional, personality, career and academic instruments. Wrote psychological reports and provided feedback and recommendations to clients. Instruments used included:

Firo-B

Myers-Briggs Type Indicator (MBTI),

Strong Interest Inventory (SII),

Learning And Study Strategies Inventory (LASSI) and personal and work values assessments.

Outreach: Gave presentations on time management and stress reduction skills. Facilitated process groups for the Aggie Honors Program. Provided on-site counseling for Student Life activities (Tunnel of Oppression, Voices of Men).

Specialized Training: Participated in weekly multiculturalism, biofeedback and existential-analytic therapy training seminars as well as additional presentations on various mental health topics including: self harm, eating disorders, suicide risk assessment, gender issues, sexual orientation, acculturation, racial/cultural/ethnic identity, disabilities, change process, consultation, psychological assessment, brief therapy, age issues, bipolar and psychotic disorders.

Clinical Review Committee Member: Reviewed role and scope of Student Counseling Service. Participated in changing registration formatting to align with national study protocol.

Advanced Clinical Practicum Experiences

Individual/Couples Psychotherapy

2006-2007—Associates for Applied Psychology (College Station, TX)

Supervisor: Dr. Brian Stagner

Provided individual and couples therapy to Spanish-speaking clients 5 h/week.

2006-2007—Rape Crisis Center (Bryan, TX)

Supervisor: Dr. Donna Davenport

Provided therapy 10 h/week to survivors of sexual abuse, focusing on client issues of recovery, self-esteem, depression, adjustment, and interpersonal relations.

2004-2005—Student Counseling Service, Texas A&M University (College Station, TX)

Supervisor: Dr. Ron Lutz

Provided therapy 10 h/week to students using a person-centered approach. Client issues included anxiety, body image, grief, alcohol abuse, interpersonal relationships, and depression.

Spring 2005—Estelle Special Needs Substance Abuse Felony Punishment Facility (Huntsville, TX)

Supervisors: Drs. Tom Crews & Michael Duffy.

Provided therapy and personality and cognitive assessment 15 h/week to incarcerated male clients focusing on drug abuse, history of physical and psychological abuse, depression, anger management, communication, interpersonal relations, adjustment and trauma.

2003-2006—The Gulf Coast *Gear-Up* Partnership Project (Texas A&M University, College Station, TX)

Supervisors: Drs. Collie Conoley and Linda Castillo (Texas A&M University, College Station, TX)

Developed a counseling program and trained and supervised 5 to 10 graduate therapy practicum students per semester for six consecutive semesters. The graduate students provided online therapy services to low-income and Hispanic adolescent students living in Southwest Texas.

OTHER PROFESSIONAL TRAINING

Spring 2007—*Conflict Resolution Mediation Training* (Center for Change and Conflict Resolution (Bryan, TX).

Completed 40 h training and received Basic Mediation Certificate to satisfy Texas State Mediation standards.

Summer 2006—*Hypnosis and Ericksonian Approaches Seminar* (Student Counseling Service, Texas A&M University)

Attended nine-week long workshop to gain understanding and practical experience in the use of Ericksonian psychotherapy.

Fall 2003—*Marital Therapy: A Research-Based Approach*, The Gottman Institute, Inc.

Attended a two-

PRESENTATIONS

Conoley, C., Barnes, A., & Cepeda, L. (2005, March). *Engaging gear up adolescents online.*

Graduate Teaching Assistant (May 2005)

Advanced Psychotherapy Skills--CPSY 673 (Texas A&M University, College Station, TX)

Instructor: Dr. Donna Davenport, Texas A&M University

Taught advanced doctoral students clinical skills, including assertiveness skills training, experiential techniques, dream work, guided imagery and metaphor sentence stem use.

Clinical Supervisor (2003-2006)

The Gulf Coast *Gear-Up*

REFERENCES

Donna Davenport, Ph.D.