Master of Science Physical Activity and Wellness Science Graduate Program Handbook 2023-2024

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Dear Physical Activity and Wellness Science Graduate Students,

Welcome to the University of Vermont and the Physical Activity and Wellness Science (PAWS) graduate program! You have chosen a dynamic, stimulating, and supportive place to pursue your educational interests. Our PAWS graduate program is housed in the Department of Rehabilitation and Movement Science, one of four departments within the College of Nursing and Health Sciences. Faculty in PAWS are comprised of

DEPARTMENT OF REHABILITATION AND MOVEMENT SCIENCE (RMS)

RMS MISSION

To serve society by creating and sharing knowledge, by preparing graduates to provide ethical, evidence-based, and client-centered services, and by promoting inter-professional leadership and practices to enhance health-related quality of life.

RMS EDUCATIONAL GOALS

The curricula of the various programs and the learning environment for students are designed

M.S in PAWS2-year curriculum*

Year 1 Fall Semester, 9 credits EXSC 6020 Evidence-based Practice in Physical Activity EXSC 6450 Exercise Assessment and Prescription EXSC 6030 Approval by UVM PAWS course instructor

the poor performance, students are encouraged to be proactive and to work with their faculty and academic advisor to plan for delaying assignments, making up work, or receiving incomplete grades.

Professional: Students whose professional integrity is deemed unsatisfactory at any time may be dismissed from the Graduate College by the dean upon consultation with the student's department or program. Breaches of professional integrity include, but are not limited to, violations described in the <u>Misconduct in Research and Other Scholarly Activities policy</u>, violation of the Code of Academic Integrity

by themes and discussed by faculty after all grades are submitted. The feedback is attributed to the group of students and no individual names are attached to statements.

STUDENT AND CAMPUS SAFETY, SERVICES, AND SUPPORT

A wide variety of services for students exist at the University, within the CNHS and in the Department of RMS. Most of these services provide information and support to both undergraduate and gra

uses the 911 phone number for campus emergencies. Dialing 911 from an on-campus phone will connect you to a UVM Police dispatcher. The UVM Police dispatcher can contact the necessary emergency personnel for the particular situation. From an off-campus phone or a cell phone, dialing 911 will contact the regional 911 emergency service. If using an off-campus phone or a cell phone, crimes may be reported by calling 802-656-3473, 802-656-FIRE, or by submitting an electronic report or by text to 847411 using the keyword UVM at the beginning of your text, all of which may be done anonymously.

In the event of a life-threatening emergency:

1. Activate the emergency medical system by dialing 911

2. Provide first aid or cardiopulmonary resuscitation (CPR) immediately if appropriate, and if qualified;

3. As soon as feasible, contact the department chairperson.

4. Within 72 hours of any incident, complete and submit an incident report form.

In the event of a fire:

- 1. Pull the fire alarm.
- 2. If it is safe to do so, close any door that could contain the fire.
- 3. Exit the building.

4. Find the nearest campus phone in a safe location and call 911. Give the UVM emergency dispatcher the exact location, nature of the fire, and your name.

Students are responsible for following faculty instructions. If there is an accident or illness, students should report immediately to faculty who will assist them in completing an incident report. If students believe a hazard exists, they should report the hazard to their instructor. If the instructor takes no action to correct the situation, students should notify Risk Management directly (x63242 or risk.management@uvm.edu).

Supplemental information to the code of rights and responsibilities on fire, personal safety and health hazards can be found <u>here</u> and <u>here</u>.

A <u>Student Conduct Incident Report</u> documents potential violations of <u>University policy</u>. If you have witnessed an incident which you believe has violated University policy, please fill out and submit an incident form. You can do this on-line or by contacting the <u>Center for Student</u> <u>Conduct</u>, <u>Police Services</u>, or your <u>Residence Director</u>.

The University adopts the Campus Safety and Security: <u>Clery Act</u> policy to facilitate full compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (the "Clery Act").

CAT Alert is UVM's rapid emergency notification system. Cat Alert's goal is to help keep UVM as informed and safe as possible during emergency situations. Sign up for Cat Alerts <u>here</u>.

CENTER FOR HEALTH & WELLBEING

The <u>Center for Health & Wellbeing</u> offers a wide range of services to support your mind, body, and soul while you're at UVM. The staff at the center does this by providing high quality, prevention-oriented student health care, mental health services, and a vigorous program of outreach and education. Care is offered at several locations on campus.

COUNSELING AND PSYCHIATRIC SERVICES (CAPS)

<u>CAPS</u> offers a variety of services to the UVM community including short-term individual counseling, urgent needs counseling, group counseling, outreach and education, psychiatry, referrals, and consultation services.

DEAN'S GRADUATE COUNCIL

Each year students are selected to represent RMS graduate students at the Dean's Graduate Council. These representatives offer recommendations/suggestions to enhance/continually improve the learning experiences of graduate students within the college.

EQUAL OPPORTUNITY IN EDUCATION AND NON-HARASSMENT

The University adheres to Vermont State and federal laws that ensure equal opportunity in educational programs and activities and non-harassment. There are numerous relevant policies accessible through the UVM website. Procedures for investigating and resolving discrimination complaints can be found in the Equal Opportunity in Educational Programs and Activities and Non-harassment policy. The Discrimination & Harassment policy can be found here the Sexual Harassment & Misconduct can be found here.

INFORMATION TECHNOLOGY (IT) SUPPORT

UVM offers a full range of <u>information technology support</u> regarding IT services, policy and compliance issues.

LIBRARY SERVICES

The mission of the University of Vermont Libraries is to further the creation, application, and dissemination of knowledge by providing access to information resources and education in their use. The <u>Dana Health Sciences Library</u> provides reference services to PAWS students through a liaison library faculty member who is available to assist students in accessing information. UVM library services are easily accessed both on and off campus.

STUDENT FINANCIAL SERVICES

PAWS students can get information about financial services by contacting the counselors at <u>Student Financial Services</u>.

WEB LINKS

Other helpful web links are listed below: Academic calendars <u>https://www.uvm.edu/registrar/academic-calendars</u> Career Services Office <u>https://www.uvm.edu/career</u> Center for Academic Success <u>http://www.uvm.edu/sss/</u> CNHS Student Services <u>https://www.uvm.edu/cnhs/student_services</u> Graduate Catalogue <u>http://catalogue.uvm.edu/graduate/</u> Graduate College Homepage <u>https://www.uvm.edu/graduate</u> Graduate College Policies (all) <u>http://catalogue.uvm.edu/graduate/academicenrollment/</u> Graduate Student Senate <u>https://www.uvm.edu/gss</u> **Graduate Writing Center**: <u>https://www.uvm.edu/gradwriting</u> Mosaic Center for Students of Color <u>https://www.uvm.edu/mcsc/</u> Office of International Education <u>https://www.uvm.edu/oie</u> Registrar's Office <u>https://www.uvm.edu/registrar</u> RMS Department Website <u>https://www.uvm.edu/cnhs/rms</u>

Tutoring Center <u>https://www.uvm.edu/academicsuccess/tutoring_center</u> UVM Policies (all) http://www.uvm.edu/policies/?Page=alphalist.php

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STUDENT HANDBOOK ACKNOWLEDGMENT

The purpose of this handbook is to inform PAWS